

Hospice & Community Care

# COMMUNITY NEWS

SUMMER 2008

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## Transitions...Here to Help

A SERVICE OF HOSPICE & COMMUNITY CARE

**Transitions**  
Here to Help  
Transitions is a service of Hospice & Community Care.

Hospice & Community Care strives to give hope, comfort and compassion to our community when needed most. All too often, people are left alone to face difficult end-of-life decisions leaving them feeling overwhelmed and unequipped as if there is nowhere to turn. The Transitions Program, a free community-based program for people coping with a life-limiting illness of 12 months or less, is the most recent innovative

resource provided by Hospice & Community Care.

The Transitions Program enables Hospice & Community Care to offer specialized services to clients with life-limiting illnesses who do not qualify for the hospice services or who may be receiving curative treatment. While Transitions does not provide skilled medical care, it does assist in the oversight and management of health issues. Transitions volunteers offer friendship, a listening ear, help with errands or light housework, and even a break for tired caregivers. Volunteers are specially trained

and willing to lend a helping hand when needed. In addition, this service enables the public to be educated sooner about end-of-life choices.

Transitions aims to uphold freedom of choice for all clients, and no one is ever expected to elect hospice services. This program is helping hand, a friend during difficult days, a place to turn when questions and answers seem too much to bear. Transitions is another means to help carry our community members through their most challenging times.

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## What is the Transitions Program?

Transitions is a free community-based program for people coping with a life-limiting illness of 12 months or less. Volunteers are the heart of this new program; giving of their time, resources and emotional strength.

## Who created Transitions?

Transitions was created by Peter Briguglio, MA, who after twenty five years in the hospice profession, found a need to help individuals and families cope with end-of-life issues sooner than hospice care allowed. Mr. Briguglio was inspired by first-hand stories of people dealing with the anxiety and uncertainty of life-limiting illnesses, and thus wrote Transitions to provide a framework for rallying community support.

## How does Transitions help?

The Transitions program is uniquely designed to promote and provide compassionate end-of-life services. Transitions enables the hospice agency to offer specialized services to clients with life-limiting illnesses who do not qualify for the hospice services or who may be receiving curative treatment. With the implementation of Transitions services, clients can find support, dignity and reassurance during a time when life seems chaotic and out of control. The Transitions Coordinator provides guidance regarding available community resources while coordinating further support from skilled volunteers.

## Who can make a referral?

Anyone can refer to Transitions, but individuals do need their physician's approval to join the program, and must be diagnosed with a life-limiting illness of 12 months or less. While Transitions does not provide skilled medical care, it does assist in the oversight and management of health issues.

*For additional information please contact the Transitions Coordinator at 803-329-1500 or by emailing [Transitions@HospiceCommunityCare.org](mailto:Transitions@HospiceCommunityCare.org).*

## How can I become a Transitions Volunteer?

If you are interested in lending a listening ear, helping with light housework or errands, or being a steadfast presence during unsteady circumstances contact the Transitions Coordinator at 803-329-1500 or by emailing [Transitions@HospiceCommunityCare.org](mailto:Transitions@HospiceCommunityCare.org).

## Gala for Hope: Art & Legacy

On May 8th, individuals throughout the community gathered in the Palmetto Room in Historic Old Town, Rock Hill to celebrate the opening of the Hospice & Community Care Campus. All proceeds from this event were applied to the Marie Bott Sanctuary Fund – a community space for memorial events, remembrance, reflection and celebration within the Hospice Sanctuary Garden. The feature presentation was the unveiling of the 2008 video entitled *Compassion*, a short documentary piece

detailing "a day in the life of a hospice nurse and bereavement counselor" featuring Hospice & Community Care staff members. The theme for the 2008 Gala

for Hope was Art & Legacy. The newest additions to the Hospice Artist Guild were also welcomed during the Gala for Hope: Dr. Allan Ryder-Cook, Terry Rouche and Dr. Sarah Stallings. We are indebted to these individuals who graciously donated their artwork to be a part of the Hospice & Community Care experience. It is our deepest desire that our campus reflects the beauty of life and that the art featured becomes synonymous with the experience.

Hospice & Community Care staff wishes to thank the sponsors who made this evening a success: Founders Federal Credit Union, Ell Close, Larry & Kathy Wilson,

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Marie Bott Sanctuary

Piedmont Medical Center, Gary & Peggy Williams, Nancy Cornwell Daves, The Springs Close Foundation, Bernie & Teri Ackerman, Harry & Rebecca Dalton, Clover Community Bank, and Carolina First. Thank you to all of the individuals who were able to attend, and to those who made financial contributions. Every year we are overwhelmed with the support the community shows for the Campaign for Hope. We are so appreciative of your support for the Hospice & Community Care Campus.



Terry Rouche  
"Untitled"



## Community Organizations Meet on Hospice Campus

Since the Community Open House in December, Hospice & Community Care has offered meeting space to a variety of community organizations for conferences, retreats, and educational programs. Campus guests include: The Christopher Clinic, Foundation for the Carolinas: York County Community Foundation, Girl Scouts of America, United Way of York County, Catawba Area Association for Volunteer Administration, MVI-Hospice Leadership Conference, Local Book Clubs and Bible Study Groups and Winthrop University. If you would like to reserve space within the Hospice & Community Care Campus contact the Events Coordinator at 803-329-1500.

## Update Danny Guyton Music Enrichment Endowment

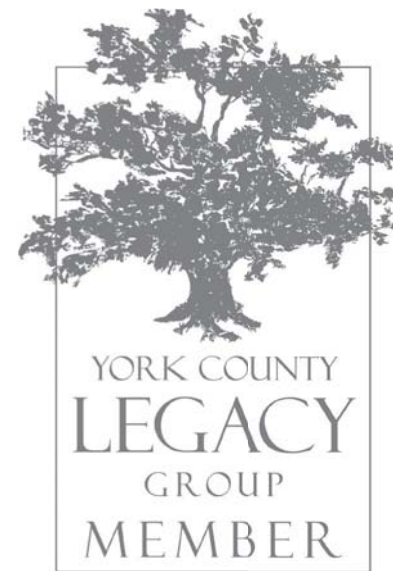
Research shows that music can reduce stress, alleviate pain and create a relaxing environment. The Guyton Music Endowment, named in memory of Daniel Edward Guyton, a local music legend and long time Woody's Music guitar teacher, seeks to improve the physical, social and/or emotional wellbeing of Hospice patients and families through music. Contributions are currently being accepted to support this fund. Already, two guitars from Woody's Music have been donated to the fund, as well

as, a piano from Ellen Lundy and family. Hometown Promotions also contributed to the endowment through proceeds from *Bel Canto*, a comedic murder-mystery dinner theater performed in York early summer. Thank you to all of you who have contributed through in-kind and financial donations. Your gifts will be used to soothe and comfort patients at the end-of-life and families who have suffered a loss.

## Artists for Hospice Mark your Calendars Tuesday, October 7th



Ansel Couch and local musicians will perform in concert at the Sylvia Theater in York. Proceeds benefit Hospice & Community Care. Thank you to Paul Finnican for donating the theater space.



On Wednesday, May 21st, Hospice & Community Care hosted a community seminar on planned giving with the York County Legacy Group. The Legacy Group, founded by seven nonprofit agencies in 2005, joined together with the same goal in mind: to promote estate planning through a series of free educational seminars. The group has now expanded for a total of thirteen agencies including Hospice & Community Care.

Robert Breakfield, Attorney-at-Law and key speaker, educated the community on estate planning. Below are some of the topics discussed:

## Hospice Hosts Community Seminar on Estate Planning

**Will** – a legal declaration of what a person wants done with his or her estate at death.

**Credit Shelter Will** – a will that places the credit shelter amount into trust for surviving spouse and/or children; this type of trust is not taxed upon client's death or at death of surviving spouse.

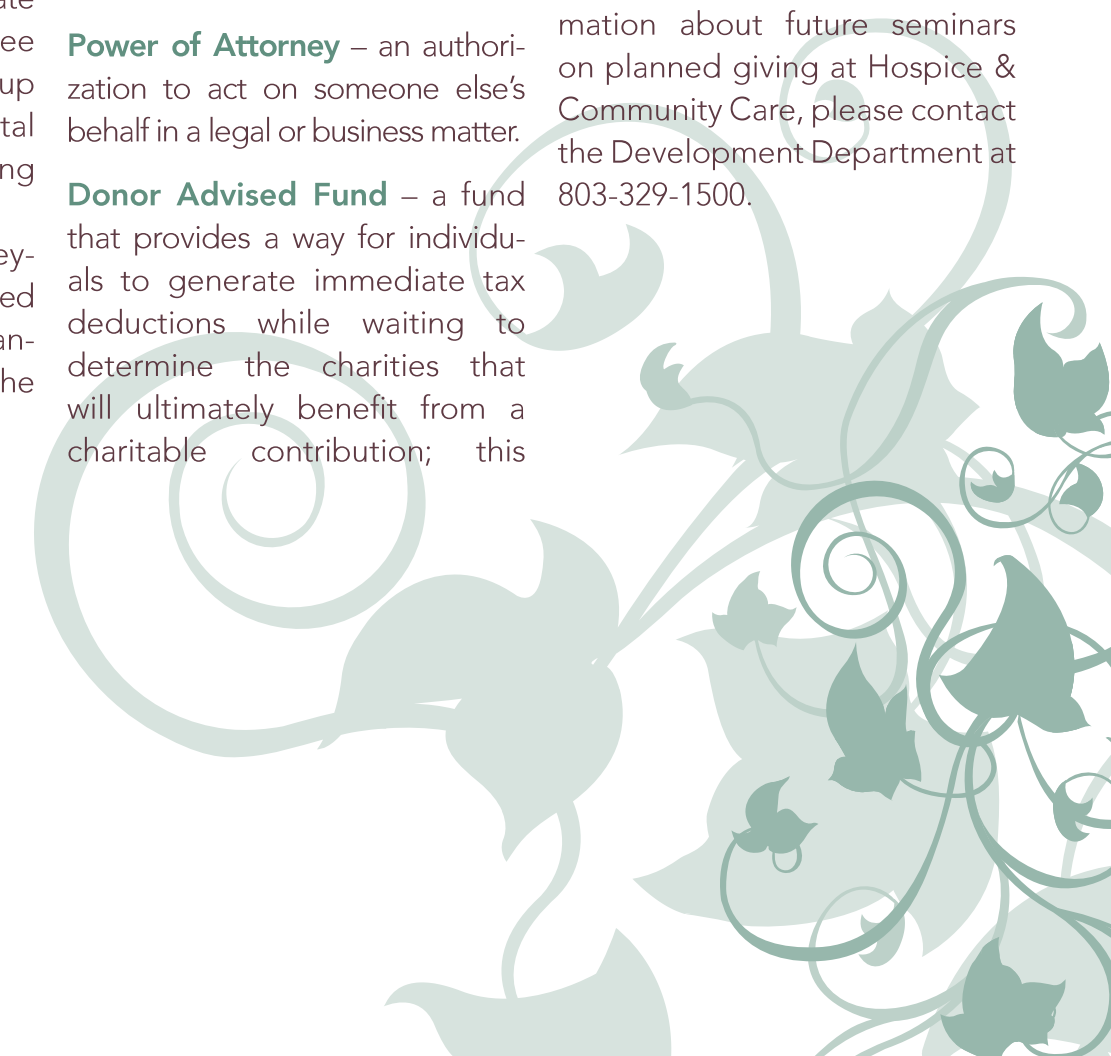
**Living Will** – a written statement of a person's health care and medical wishes, but it does not appoint another person to make health care decisions on his/her behalf.

**Power of Attorney** – an authorization to act on someone else's behalf in a legal or business matter.

**Donor Advised Fund** – a fund that provides a way for individuals to generate immediate tax deductions while waiting to determine the charities that will ultimately benefit from a charitable contribution; this

deduction is subject to the maximum allowable by law for irrevocable contributions of cash, securities, real property, business interests and other gifts to public charities.

Frederick W. (Freddy) Faircloth, IV from Hamilton Martens Ballou & Sipe, LLC will present at the next York County Legacy Group seminar held in the fall. Mr. Faircloth has his Masters of Law in Taxation specializes in taxation, general business law and estate planning and administration. If you would like to receive information about future seminars on planned giving at Hospice & Community Care, please contact the Development Department at 803-329-1500.



## Medical Director for Patrick House Receives Board Certification

Once a physician graduates from medical school, receives a diploma, a white coat, and a stethoscope, some may assume that this is the pinnacle of professional development. However, some doctors elect to further their careers. Amy Robbins, MD, Medical Director for the Hospice & Community Care Wayne T. Patrick Hospice House is one such doctor.

Dr. Robbins, who is already board certified in anesthesiology, recently passed her board examination becoming one of about 20 physicians in South Carolina with the distinction of Diplomate of American Board of Pain Management. She comments, "patients and families want the very best in end-of-life care; it is reassuring for them to know that I am a certified expert in pain management."

In February, Dr. Robbins completed an 8-hour exam in Orlando, Florida, with physicians from across the nation hopeful to become pain management experts. Although about 1,000 doctors take the exam each year, only 70-80% actually pass. Dr. Robbins reveals, "I feel a tremendous sense of accomplishment for having passed the boards. I have been preparing for this

exam for many years through my professional experience with Hospice & Community Care. Nevertheless, the last month before the exam, I focused whole-heartedly, studying along with my children at homework time and reviewing my notes on the sidelines during their soccer games. All of my late evenings studying have paid off."

Jeff Seymore, MD, Medical Director for Hospice & Community Care is board certified in Anesthesiology, Pain Management, and also Hospice & Palliative Medicine. Dr. Seymore did a fellowship in pain management at the Wake Forest University School of Medicine in Winston-Salem, NC. Dr. Robbins' recent certification, coupled with Dr. Seymore's experience, establishes Hospice & Community Care as the most medically accomplished hospice in the area. "Having two full-time doctors on staff whom are both specialists in pain medicine helps us provide superior expertise in pain relief and care for our patients at the end-of-life," states Jane Armstrong, Executive Director.

"It is my hope that all of our



patients will live their final days with comfort, peace, dignity, and in the absence of pain," states Dr. Robbins. Hospice & Community Care ensures the very best in quality end-of-life care, and furthermore we can assure our patients that they are in the experienced hands of pain management specialists.

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## Comfort Food

The Wayne T. Patrick Hospice House is accepting food donations for the families of patients who are being served in the Patrick House. Our wish list for donations includes: snack crackers, drinks, sweets, and other foods that are pre-packaged. We appreciate your thoughtfulness for our families who are staying in the Patrick House. Please contact the Patrick House staff for additional information at 803-329-1500.



## Attention Ministers, Chaplains, Pastors and Community Church Leaders:

As the community experts in death and dying, we are here to support you and your congregation in end-of-life matters. Hospice & Community Care is hosting a breakfast in September to introduce you to the Hospice Chaplains while offering tours of the Campus and the Marie Bott Sanctuary. For more information, please call 803-329-1500.

SAVE THE DATE  
*September 23, 2008*

# Project H.O.P.E.

## Healing Ourselves through Personal Expression

Based on statistics in the six counties that Hospice & Community Care serves, it is estimated over 5,000 children and teens will lose a loved one this year. Children and adolescents can be more sensitive to the conditions that follow a loss than adults. A child supported through loss by learning appropriate ways to express their emotions is better able to cope with loss now and throughout their lifetime. Common grief reactions of children include a decline in school grades, fatigue, sleep problems, irritability, mood swings, difficulty concentrating, behavioral problems, shorter attention spans and depression.

To meet the needs of the community, Hospice & Community Care offers multi-faceted grief support to all members of the community including children

and teens. This summer Hospice & Community Care will offer the 3rd annual Project H.O.P.E. (Healing Ourselves through Personal Expression), a dedicated 'arts in healthcare' community project. This project seeks to create an effective partnership between Hospice and the arts

*A child supported through loss by learning appropriate ways to express their emotions is better able to cope with loss now and throughout their lifetime.*

community. Collaboratively, local artists and Hospice Bereavement Counselors will provide a creative outlet for each participant's personal expressions of loss and grief through the melding of

expressive arts and grief counseling. Project H.O.P.E. will provide peer support groups for children and teens who have dealt with the loss of someone significant. The artwork created will be on display in the Children's Art Gallery on the Hospice & Community Care Campus.

Project H.O.P.E will be held Friday, July 18th from 9:00 A.M. to 5:00 P.M. and Saturday, July 19th from 10:00 A.M. to 12:00 P.M. at Hospice & Community Care's Campus. For more information please contact the Bereavement Department at 803-329-1500.

## Rain & Rainbows

On May 3rd, Hospice & Community Care offered Rain & Rainbows Children's Grief Support Camp to children ages 5 to 13. A total of 13 children participated in this successful event. In addition to sharing grief and loss experiences throughout the day, the children planted flowers to honor their lost loved one, took a journey through their grief, and created art to express their grief feelings. In a moving closing ceremony, the children released balloons in honor of their loved ones.



*\*A special thanks to Hospice volunteers, staff, Fuel Pizza, Lee's Nursery, and Wal-Mart for donating supplies and time.*

## Men's and Women's Groups offer Grief Support

Experiencing the death of a husband or wife, whether anticipated or sudden, is a unique type of loss. There are emotions and situations a grieving spouse may encounter that only one who has lost such a person can relate to.

Hospice & Community Care will be offering a gathering place for men and women who have lost a spouse. Join us for friendship and support- share with others who are experiencing similar thoughts and feelings and learn about normal grief reactions specific to your loss.

The Men's group meets weekly in the mornings, with one group located in Rock Hill and the other in York. The Widow's Support Group is also available every 3 weeks in Rock Hill. Please call the Bereavement Department for more information 803-329-1500.

## G.I.F.T. Grief In Families Together

Hospice & Community Care offered G.I.F.T., Grief In Families Together, to the families in our community who have experienced a loss. The sessions were held for the past 5 months. The sessions were centered around meal time to promote family communication. The children and parents participated in different family activities to help

provide a time to share feelings about their loss experiences and to promote healing. Seven families actively participated in the G.I.F.T. Sessions. We look forward to offering the program again in the fall.

A special thank you to Moe's Southwest Grill and to the Hospice & Community Care Staff and Volunteers.



GRIEF IN FAMILIES TOGETHER  
HOSPICE & COMMUNITY CARE

## Volunteer Chaplains

### New Volunteer Position for Those Willing to Share Spiritual Gifts

Hospice & Community Care's Volunteer Department is pleased to introduce a new volunteer position for active or retired ministers and lay people who feel called to provide spiritual care to terminally ill patients and families. While the Chaplains on Hospice & Community Care's staff will continue to maintain their roles of providing spiritual care to the community, volunteers will enable the agency to reach a greater number of individuals who desire the presence and prayer of a chaplain. Dr. James Welsh, a local oncologist as well as certified chaplain, is partnering with Hospice to

develop the new volunteer positions. Already, Dave Lieb, Tom Sidey and Bob Porterfield have completed the general Hospice volunteer training as well as the chaplain's training piece to become Volunteer Chaplains. We applaud all you for helping us fulfill our mission to provide hope, comfort, and compassion to our community when needed most.

If you or anyone you know is interested in learning more, please call the Volunteer Department at 803-329-1500 and become a part of this exciting way to serve!

## Welcome New Volunteers:

Kay Dolan  
Jan Duke  
Danny Gibson  
Debbie Hudyma  
Angela Huntley  
Martha Manning  
Betty Joanne Miller  
Edna Phillips  
Charles Ridley  
Louise Rhodes  
Jessica Sciandra  
Kristi Speed  
Marie Welp



Dr. Sarah Stallings  
"In the Garden"

Contributed in memory  
of Dr. Joseph B. Davis

## Upcoming Events

### JULY

July 9, 10 A.M. - 11 A.M.  
Prayer Shawl Stitch & Share  
Hospice & Community Care

July 22 & 24, 9 A.M. - Noon  
New Volunteer Training  
Hospice & Community Care

### AUGUST

August 13, 10 A.M. - 11 A.M.  
Prayer Shawl Stitch & Share  
Hospice & Community Care

August 19, Vigil Training and  
Hospice & Community Care

### SEPTEMBER

September 10, 10 A.M. - 11 A.M.  
Prayer Shawl Stitch & Share  
Hospice & Community Care

September 20, 9 A.M. - 4 P.M.  
New General Volunteer  
Training—Lancaster  
(location to be announced)

Please contact the Volunteer  
Department at 803-329-1500 to  
learn more or to register for an  
event.

### Project HOPE

July 18, 9:00 A.M. - 5:00 P.M.

July 19, 10:00 A.M. - 12:00 P.M.

### Widow's Support Group

July 10, 3:30 P.M. - 4:30 P.M.

July 31, 3:30 P.M. - 4:40 P.M.

August 21, 3:30 P.M. - 4:40 P.M.

September 11, 3:30 P.M. - 4:40 P.M.

### Men's Group

Tuesday's (Rock Hill) 8 A.M. - 10 A.M.

Friday's (York) 8 A.M. - 10 A.M.

For more information on upcoming events, contact us at 803-329-1500  
or visit our website at [www.HospiceCommunityCare.org](http://www.HospiceCommunityCare.org).

The mission of Hospice & Community Care is to give hope, comfort and compassion to our community when needed most.

Address Service Requested

www.HospiceCommunityCare.org  
803-329-1500 or 800-895-CARE  
P.O. Box 993 Rock Hill, SC 29731

Hospice & Community Care



Dr. Allan Ryder-Cook  
"Dahlia's"

Hospice & Community Care welcomes our newest members to the Hospice Artists Guild: Dr. Allan Ryder-Cook, Terry Rouche and Dr. Sarah Stallings. The Hospice & Community Care Artists Guild is now comprised of 30 local artists. The Hospice Campus features 75 original works of art from guild members as part of Hospice's permanent collection.